



## ***Considerations for Making a Camp Schedule***

- Breakfast can start as early as 7:00 a.m.
- Camp stations start no earlier than 8:00 a.m. All stations end by 5:30 p.m.
- Provide at least 1 hour for lunch. Keep lunch at the same time for all participants.
- The number of groups you have should equal the number of stations to rotate through.
- A good group size consists of 12 people for 2 hours. If groups are larger, then increase your times at each station.
- Allow for at least 15 minute transfer times between stations, when rotating.
- If you can't fit everything into your schedule, you might consider having your entire group down at the water front at the same time, to provide more time at the stations in your schedule.
- It takes about 20-30 minutes to hike to the Rappelling Cliff. Rappelers should eat first at breakfast and lunch and then leave 30 minutes before their session starts.
- When you have 2 sessions back to back in the morning or afternoon; it is best to have the groups that are close to each other switch. For example: Water Front and Rappelling Cliff.

1:00 – 3:00 p.m.

Group 1 – Rappelling (Will leave at 12:30 for hike up)

Group 2 – Water Front

3:15– 5:15 p.m.

Group 1 – Water Front

Group 2 – Rappelling (Will leave at 2:30 for hike up)

Below are 2 ways that you might want to group the stations for rotations in your schedule.

**Suggestion 1 (Total of 5 separate stations)**

Leap of Faith, Catwalk, Zip Line

High Ropes

Rappelling/Rock Climbing

Waterfront

Obstacle Course/Team Building

**Suggestion 2 (Total of 6 separate stations)**

Leap of Faith, Catwalk, Zip Line

High Ropes

Rappelling/Rock Climbing

Waterfront

Obstacle Course/Team Building

Hikes



## **A few Activities to Consider**

- Solo Experience: Campers listen to an inspirational speaker and then go off on their own for 1 hour reading scriptures, praying vocally, reading a letter from their parents, and pondering their testimony. Some groups like to provide a worksheet with a series of personal questions for the individual to consider.
- Service Project: Building bridges, improving trails, etc.
- The Iron Rod: This activity is at night. Campers are blindfolded and led into the mist of darkness. They must find the Iron Rod and find their way to the tree of life. Along the way there are tempters and deceivers, and still small voices to guide those along the way. At the end, they are greeted at the Tree of Life. A fireside often follows.
- Crafts: Quilting, painting, and other fun crafts.
- The entire camp goes down to the water front together.
- Challenge the groups to build a raft and have a race.
- Parents Night: Have the parents come and have dinner with their son or daughter.
- Night hike. Hike out to an area by the lake, have a fireside and then when it's dark, hike back without flashlights. Enjoy the stars and moon, sing as you walk.
- Talent Show: Invite individuals or Groups to share their skills, jokes, stories, & songs.

